

MY LIFE MONTCO is a fun and inspiring group for youth between the ages of 13 and 23 who have experience with mental health, substance use, foster care, and/or other challenges.

MY LIFE' s monthly events feature inspirational speakers, uplifting entertainment, fun activities, free food and information on a variety of topics important to youth.



Norristown Public Library 1001 Powell Street Norristown, PA

There is no cost for participation and dinner is provided.

Dates and Locations may change for special events. <u>http://magellanofpa.com/county-info/my-life.aspx</u> for up to date schedule information or email Colletted@centralbh.org to be added to the MY LIFE mailing list.

For more information, contact: Collette D'Angelo (610) 209-8590 Email: Colletted@centralbh.org www.Facebook.com/MYLIFEyouth



