

2500 Maryland Road, Suite 130 Dixon Building Abington, PA 19090 (267) 818-2220

"Central Behavioral Health is a community dedicated to helping people of all ages improve their emotional and behavioral health, develop resiliency, and achieve personal fulfillment."

## ROAD MAP TO SERVICES

## **ADULT CLINICAL SERVICES:**

Central's <u>Outpatient Program</u>, offers behavioral and co-occurring treatment (individual, family and group therapy), crisis and emergency intervention, comprehensive intake assessments, and medication management.

## **ADULT SERVICES:**

Central's <u>Recovery Coaching</u> partners with consumers to coordinate, facilitate or provide resources to help secure housing, crisis intervention, mental health services, socialization, rehabilitation services, and much more. <u>Senior Case Management</u> services are available for individuals 60 years of age and older. Central's <u>Administrative</u> <u>Case Manager (ACM)</u> provides information and referrals for behavioral health and other human services, including other county departments and coordination agencies.

Central's <u>Clinical Wellness Recovery Team (CWRT)</u> provides services to help improve the physical and behavioral health care that a member receives to ensure an integrated healthcare approach to wellness.

Central's <u>Career Center</u> provides career focused workshops and related services such as support for securing a job, assistance with examining long term career options, and support for education towards career goals. Our <u>Certified Peer Specialists (CPS)</u> offers individuals support towards their goal oriented recovery plan. <u>Generalist CPS</u> support individuals to become part of the community in which they live. We also offer an <u>Older Adult CPS</u> service that assists individuals 60 and older to increase their socialization and to improve their quality of life.

## To connect with Services Contact:

o (267) 818-2220 to schedule an intake