



1100 Powell Street  
Norristown, PA 19401  
(610) 279-9270

*“Central Behavioral Health is a community dedicated to helping people of all ages improve their emotional and behavioral health, develop resiliency, and achieve personal fulfillment.”*

## ROAD MAP TO SERVICES

### ADULT CLINICAL SERVICES:

Central’s [Outpatient Program](#), offers behavioral and co-occurring treatment (individual, family and group therapy utilizing empirically supported treatments), crisis and emergency intervention, comprehensive intake assessments, and medication management.

Central’s [Intensive Outpatient Program \(IOP\)](#) is a comprehensive therapeutic experience, including behavioral and cognitive skills training, symptom and medication understanding and management techniques, family psycho-education and peer mentoring.

Central’s [Partial Hospital Program for the Elderly \(Oasis\)](#) supports seniors with dementia, depression and anxiety in a group setting to meet the special needs of the older adults.

Central’s [Clinical Options Toward Recovery \(CORE\)](#) program is firmly committed to helping those who suffer from addiction, co-dependency, and co-occurring disorders to achieve stability and abstinence, and to eventually rebuild healthy and fulfilling lives.

### ADULT SERVICES:

Central’s [Recovery Coaching](#) and [Case Management Services](#), partner with consumers to coordinate, facilitate or provide resources to help secure housing, crisis intervention, mental health services, socialization, rehabilitation services, and much more. [Senior Case Management](#) services are available for individuals 60 years of age and older.

Central’s [Administrative Case Manager \(ACM\)](#) provides information and referrals for behavioral health and other human services, including other county departments and coordination agencies.

Central’s [Clinical Wellness Recovery Team \(CWRT\)](#) provides services to help improve the physical and behavioral health care that a member receives to ensure an integrated healthcare approach to wellness.

Central's [Career Center](#) provides career focused workshops and related services such as support for securing a job, assistance with examining long term career options, and support for education towards career goals. Our [Certified Peer Specialists \(CPS\)](#) offers individuals support towards their goal oriented recovery plan. [Generalist CPS](#) support individuals to become part of the community in which they live. We also offer an [Older Adult CPS](#) service that assists individuals 60 and older to increase their socialization and to improve their quality of life.

***To connect with Services Contact:***

- **(610) 279-9270 to schedule an intake**