



1100 Powell Street  
Norristown, PA 19401  
(610) 279-9270

*“Central Behavioral Health is a community dedicated to helping people of all ages improve their emotional and behavioral health, develop resiliency, and achieve personal fulfillment.”*

## ROAD MAP TO SERVICES

### CHILDREN-YOUNG ADULT CLINICAL SERVICES:

Central’s **Outpatient Program**, offers behavioral and co-occurring treatment (individual, family and group therapy utilizing empirically supported treatments), crisis and emergency intervention, comprehensive intake assessments, and medication management.

Central’s **Family Based Services (FBS)** provides community based therapy and support services to children and adolescents with emotional and behavioral needs. FBS provides therapy in a family’s home by a two-person team under the supervision of a Program Director. The function of FBS is to assist families with supporting their child in the home rather than in a psychiatric or residential facility.

Central’s **Behavioral Health Rehabilitation Services (BHRS)** are highly individualized mental health interventions that are designed to support a child in his home, school and community. The BHRS supporting staff includes Masters Level and Doctoral Level Behavioral Specialists, Master’s level Mobile Therapists, Bachelors level Therapeutic Staff Support and Psychologists.

Central’s **Extended Assessment Program** is designed to provide a comprehensive assessment for children and adolescents who are thought to be in need of in-home services. The goals of the program are to provide immediate stabilization and to determine the most suitable service to meet the child’s needs. Services are provided in the child’s home, school and/or community, as needed.

## CHILDREN-YOUNG ADULT SERVICES:

Central's *Children's Case Management Services* are designed to reduce hospitalizations and avoid out of home placements for children and adolescents with emotional, behavioral or substance abuse problems. They promote family integration by providing assistance in coordinating appropriate mental health services and facilitating communication among treatment members.

Central's *Transition to Independence Process (TIP)* supports young people experiencing emotional and/or behavioral difficulties. TIP works to engage and support young people in their own futures planning process.

### ***To connect with services contact:***

- **(610) 279-9270 to schedule an intake**