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www.centralbh.org

Transition to Independence Process (TIP)

What is TIP?

Magellan Behavioral Health of PA has partnered with Montgomery County Office of Behavioral Health and Developmental Disabilities to provide the TIP Program in Montgomery County. TIP is an empirically supported model developed to work with young people experiencing emotional and/or behavioral difficulties. More information can be found at www.TipStars.org. TIP works to engage and support young people in their own futures planning process across five transition domains; Educational Opportunities, Living Situation, Employment and Career, Community Life Functioning, and Personal Effectiveness and Wellbeing.

TIP provides a great deal of flexibility and works to engage young people -through relationship development, person-centered planning, and a focus on the young person's future. Services and supports are tailored to be accessible, appealing, non-stigmatizing, and developmentally appropriate, and will build upon strengths to support the young people in pursuing their goals across the five transition domains. Personal choice and social responsibility are acknowledged and developed, and personal competencies will be enhanced to support the young people in greater self-sufficiency and confidence. TIP will work to ensure that a safety net of support to include informal and formal key players in the young person's life will be in place. TIP will maintain an outcome focus and will involve young people, parents, and community partners at the practice, program, and community levels. TIP provides frequent contact with the youth, typically weekly.

Who is eligible?

Young people ages 16-26 with emotional and/or behavioral struggles, who have a primary psychiatric diagnosis and medical assistance will be eligible.

Anyone can make a referral on behalf of the young person utilizing the TIP Referral Form. It is encouraged that the referral be discussed with the young person to ensure that they are interested in exploring TIP services.

Who is providing TIP?

Central Behavioral Health is providing TIP in Montgomery County. TIP is a voluntary service provided under a Blended Case Management certification. Each young person will work with a TIP Facilitator. TIP Facilitators have at least a bachelor's degree in psychology or social work, and work alongside the young person to support them in their own futures planning process.

Can TIP be provided with other services already in place?

TIP works collaboratively with all other key players involved in the young person's life. Certain services, including Case Management (Recovery Coaching, BCM, D&A ICM), High Fidelity Wraparound, RTF, Therapeutic Foster Care, Family Based Services, ACT, and MST are considered a duplication of services with TIP. However, each young person's needs will be evaluated, and exceptions may be made based on those needs.

For more information, please contact Collette D'Angelo at 610-209-8590 or colletted@centralbh.org