



**MY LIFE MONTCO is a fun and inspiring group for youth between the ages of 13 and 23 who have experience with mental health, substance use, foster care, and/or other challenges.**

**MY LIFE' s monthly events feature inspirational speakers, uplifting entertainment, fun activities, free food and information on a variety of topics important to youth.**

**Holiday Party  
December 12, 2018  
5:00 -7:00 p.m.**

**Location:  
Painting with a Twist  
71 East Butler Ave.  
Ambler, PA 19002**

*There is no cost for participation and dinner is provided.*

**Please RSVP to [Colletted@centralbh.org](mailto:Colletted@centralbh.org) by 12/5/18**

For more information, contact:  
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**Magellan  
HEALTH<sup>SM</sup>**