

Drug and Alcohol Valuable Resources

If you are worried that you or someone you care about might be struggling with a substance use issue, please feel free to browse the following resources. They include information on different substances, how substance use is treated, and ways that it impacts a person and their community.

[Montgomery County Office Of Drug & Alcohol](#)

[NIMH Brochures and Fact Sheets](#)

[Substance Abuse and Mental Health Services Administration](#)

[National Institute on Drug Abuse \(NIDA\) Publications](#)

[Notice Of Privacy Practices](#)

Drug and Alcohol Resources

Local Phone Resources:

Alcoholic Anonymous: 215-923-7900

Ala Anon: 1-800-344-2666

Narcotics Anonymous: 610-534-9510

Nar Anon: 1-800-477-6291

PROACT Hotline: 1-800-221-6333

Center of Excellence (COE): 484-681-5278

Online Meetings:

Montgomery County NA Meetings:

<https://montcona.org/meetings/>

Online intergroup of Alcoholics Anonymous:

<https://aa-intergroup.org/oiaa/meetings/>

Alanon meetings

Montgomery County Groups:

<https://pa-al-anon.org/meetings/?tsml-day=any&tsml-region=montgomery-county>

Zoom meetings across PA:

<https://pa-al-anon.org/home/about-al-anon/online-meetings/>

IOP Co-occurring Groups at Central:

Relapse Prevention Group

Opioid Group

Emotion Regulation

Exploring MH

Therapeutic Activities

12 Step, Loss and Grief