

# **Central Behavioral Health**

## **Additional Resources**

Below are additional resources available to you and your family should they be needed. If you are interested in more specific resources please reach out to one of our administrative case managers at extension 144 or 213 for Norristown or extension 340 for Abington.

### **Montgomery County Emergency Services (MCES): 610-279-6100**

\*MCES is the county's walk-in crisis center. Call them if you believe you or someone you know needs to be evaluated for inpatient level of care\*

### **Montgomery County Mobile Crisis: 855-634-4673**

\*Mobile Crisis provides 24/7 crisis support to anyone in Montgomery County experiencing a crisis. Crisis workers can come to you in the community or provide support over the phone free of charge\*

### **Montgomery County Peer Support Talk Line: 855-715-8255**

\*The Peer Support Line provides peer support over the phone from 1-9pm daily free of charge for those in need of talk support\*

### **Central Clinical On Call: 610-329-4129**

\*Available to Central clients in need of support during afterhours. Available from 5pm-9am M-F and 24/7 on weekends on holidays\*

### **NAMI of Montgomery County: 215-361-7784**

\*NAMI supports those impacted by mental illness. Call them for information, resources or support for yourself or others\*

### **PA Get Help Now: 1-800-622-4357**

\*Call for assistance in finding a treatment provider for addiction treatment\*

### **Center of Excellence (COE): 484-681-5278**

\*COE provide assessments, referrals, and warm-handoffs to those suffering from opiate use disorders to facilitate connections to appropriate levels of care\*

### **National Suicide Prevention Lifeline: 1-800-273-8255**

\*This is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24/7\*

### **Veteran's Crisis Hotline: 1-800-273-8255 press 1**

\*This hotline is specifically for veteran's or service members in crisis and in need of help\*